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## **9 Year Old Spokane Twins Launch New Food Podcast**

Spokane, WA - River and Terran Greenfield, Spokane residents and sons of local New York Times bestselling author Ben Greenfield, have officially released a new food podcast entitled “Go Greenfields: A Podcast For Your Palate”.

In each free audio episode, River and Terran travel to local Spokane and Coeur D’ Alene area restaurants to review the menu, the food, the ambience, the service and much more. In addition, future podcasts will include home cooking tips, recipes, local plant foraging, and journeys to restaurants in other towns such as Post Falls, Moscow, Pullman, Lewiston and Clarkston. The twins plan on releasing an episode at least once every two weeks, with a focus on helping local residents discover new restaurants, menu favorites, and the local food scene.

“We really like to try new restaurants, and we wanted to figure out a way to tell other people which ones are the best,” says River Greenfield. His brother Terran adds, “It’s fun to go in and see all the different drinks, appetizers and entrees, then describe them to our listeners as they come out.”

At GoGreenfields.com, the official website for the new podcast, the twins also include menu photos, food photos, notes and links for each restaurant and videos that they film while at each restaurant.

“It’s funny - ever since they were tiny three year olds, they’ve never really used the kids’ menu at restaurants.” says mother Jessa Greenfield. “Instead, they’re little foodies – they love to try strange new foods and actually have really good palates and even an eye for plating and cook technique!”

The first three episodes, which include Veraci Pizza and Wandering Table in Kendall Yards, Spokane and Syringa Sushi in Coeur D’ Alene are now available on Apple Podcasts, Stitcher Radio, iTunes, GoGreenfields.com, and anywhere else podcasts can be found.

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